

World without cancer

This article is dedicated to Krishna Kishora prabhu ACBSP. We sincerely hope that after reading this article, Krsna willing, he will find a way to beat his cancer and thereby prolong his devotional service in the association of his family and other devotees for many more years to come.

For most people a diagnosis of cancer almost certainly means a death sentence. A couple of years ago when I started to research health issues deeply, I found more and more evidence for natural cancer cures which are not only effective but surprisingly cheap. Of course the more effective a cure is the more it is suppressed by the medical establishment.

Who would think with all the fear mongering and all the unsuccessful cancer treatments, (sometimes even Ayurveda has no answers), that one of the most successful and most suppressed cures for cancer is a simple vitamin found in apricot seeds and bitter almonds.

Of course if you start researching Vitamin B17 (other names are Amygdalin or Laetrile) you will be instantly confronted with negative articles such as the one below:

“Amygdalin ... initially isolated from..... [bitter almonds](#)..... (and) several other related species including [apricot](#).Studies have found such compounds to be dangerously toxic as well as being clinically ineffective in the treatment of cancer. Taken by mouth they are potentially lethal because certain enzymes (in particular, glucosidases that occur in the gut and in various kinds of seeds, edible or inedible) act on them to produce [cyanide](#).^{[4][5][6][7][8]} The promotion of laetrile to treat cancer has been described in the medical literature as a canonical example of [quackery](#),^{[9][10][11]} and as "the slickest, most sophisticated, and certainly the most [remunerative](#) cancer quack promotion in medical history."^[3]
http://en.wikipedia.org/wiki/Vitamin_b17

When I read this I immediately knew it wasn't true, because since more than 50 years by now I have been eating the seeds of apricots, bitter almonds, apples and many other natural foods containing Amygdalin and I am still living. Sometimes I am asked by someone if I didn't know that bitter almonds are poisonous? If they were I would have died long ago, but here I am, a living example that they are NOT.

To make a long story short I continued my deep research and found especially two e-books which I consider well researched and full of valuable information on the subject. The first of the two, “World without cancer” by G Edward Griffin, deals not only with the true and proper science but also with the politics surrounding Vitamin B17, and the second book, “Cancer Step Outside the Box” by Ty Bollinger, deals also with some other natural cancer cures that are most successful amongst many.

I know personally some ISKCON devotees who cured their cancer simply with Vitamin B17. One of them is Antaryami prabhu ACBSP, who kindly allowed me to publish his testimony on this forum:

“I will only say what I experienced when I lost my voice to what at first one doctor said was only laryngitis. Four and a half years ago I was working in an ice cream factory. I was the supervisor over seeing all ice cream makings etc. For an unknown reason I came down with a kind of like

sore throat, I talked like I had a frog in my throat. As it got worst I could barely be heard by anyone due to its fast progression.

I tried many things to cure it, nothing worked. One doctor said it was due to my working in the freezer on and off, this was my job at times also. Well it got so bad I just quit the high paying job and moved to another state to seek a work outside. But my voice was so bad I could not even do an interview well.

I moved to Honolulu Hawaii, here I had health insurance from Uncle Sam. Also hoping I could swim my way to better health, I got worse. I went to an outreach center to arrange an appointment to see a doctor. The doctor said it looks like cancer, but that a biopsy was needed to be sure, I said no.

Well, one week later I couldn't breathe anymore at all. So an emergency operation was done to allow me to breathe, as well the biopsy was taken. What the report said was that I have malignant cancer stage-5 on my larynx, voice box. Still in ICU recovering from the trachea operation, I gave permission to do a laryngectomy. (Laryngectomy is the removal of the larynx and separation of the airway from the mouth, nose and esophagus. The laryngectomee breathes through an opening in the neck.)

Now here's the part I wish I knew about four years before the operation.

Due to the major surgery I was given one month to heal some and then start with Radiation treatments followed by Chemo therapy. The radiation treatments were to be 35 treatments in all.

When I reached 25 treatments I decided to stop, though this was not liked by the doctors etc. Still I was to receive chemo in 30-days, hell, what to do. Reading all the side effects resulting from chemo therapy, I did not want to do it, so I sent out a desperate help message to all contacts I knew, asking for help in this matter.

One devotee out of all responses said: Antaryami prabhu there's a vitamin called B17. It's on www.ebay.com check it out it says B17 cures cancer. Hell you've got nothing to lose, order now.

I ordered a 3-years supply, had it sent fast, air mail. I got it in one week. I took all the pills and put them into a coffee grinder and made a powder of them. Then I mixed it all into a one gallon milk jug of chocolate milk. There was no real taste left in my mouth after the radiation treatments. (My ability to taste came back after 3-months.) Each day I drank one 8-ounce cup of it, till it was all gone, every drop. I read the instructions on the info sheet that came with it and it said to take not more then 3-tablets a day. Well what the hell, I had cancer

and the oncologist said I was going to die, a 90% assurance of death. So I gave it my one last chance, it will cure me or I will die of over dose, or die of cancer?

I prayed to Sri Dhanvantari, Srila Prabhupada, their lordships, all of them, day and night.

Well I did not feel any side effects from the B17 over dose at all. I thought that maybe it was nonsense junk- B17, another \$150.00 down the drain. The day came fast to check on how far the cancer had spread and start the chemo therapy. They took blood and ex-rays etc. The next day I was sure to die from chemo. But the oncologist and doctors said to me that I had no cancer in my body anymore at all.

They asked me if I had taken any drugs. I said no. They were dumb-founded, just 30-days ago I had stage-5 malignant cancer throughout my body and now nothing, no cancer at all. My thoughts then were: Don't ask and don't tell. No chemo was to be given to me and I was cured, WOW, thank you Krsna and Prabhupada. Ok, so I don't have a voice anymore, but I lived and can eat prasadam and all the rest, AGTSP and their Lordships and Sri Dhanvantari.

So to date, I tell all about B17. Now on e-bay there are more powerful B17 tablets and less powerful, you decide which you feel is your karma for health.”

According to Antaryami prabhu you can buy B17 at www.ebay.com or www.amazon.com and he has, of course, no affiliation with any of those companies or sellers.

This testimony of Antaryami prabhu further confirms my initial suspicion that articles like the one above in Wikipedia, describing Vitamin B17 as a deadly poison and Amygdalin therapy as “quackery” are deliberate lies in order to perpetuate the myth of the multi-billion dollar cancer-death-industry that the only choice for a suffering cancer patient is to take to their “cut burn and poison” methods (which are cancer causing themselves). In this way millions of poor patients are scared into submission to fill the pockets of the cancer-barons.

Furthermore Antaryami prabhu also confirmed what I already knew from other testimonies that even mega-overdoses of Vitamin B17 have no bad side effects.

If you have any further questions you can contact Antaryami prabhu directly at: sudha_satva@yahoo.co.nz

For those who still aren't convinced, even after this enlivening account from one of our ISKCON devotees, that cancer is really easily curable, here is an excerpt from the e-book “Cancer Step Outside the Box”, (Chapter 6 – NON-Toxic Treatments, page 169), delineating the real science behind Vitamin B17:

“When dad died back in 1996, I began my cancer journey. The first

alternative cancer treatment which I discovered was Vitamin B17, also known as Laetrile. I saw a video of a champion arm wrestler named Jason Vale who had been cured of cancer by eating the seeds from apples and apricots (which contain vitamin B17) and read lots of good information on his website. The logic and science of how and why vitamin B17 kills cancer cells was fascinating to me. Laetrile therapy is based upon the theory that cancer is result of a nutritional deficiency, and is based upon the trophoblast theory of cancer.

In the 1940's, Dr. Ernst T. Krebs, Sr. and his son (Dr. E.T. Krebs, Jr.) and other doctors were involved in researching Beard's thesis on the trophoblast theory of cancer and they affirmed that he was correct. In 1949, the elder Krebs wrote a paper on the pregnancy toxemias and the role of the pancreas and trophoblast in these disorders. The following year, Dr. Krebs and his son published a paper *The Unitarian or Trophoblastic Thesis of Cancer*, in the *Medical Record*, New York.

In the following years, the father and son team investigated coenzymes, and the possibility that cancer results from a vitamin deficiency disease. In the early 1950's, they theorized that cancer was caused by the lack of an essential food compound in modern man's diet, identified as part of the nitriloside family which is found in over 1200 edible plants. Krebs learned of the kingdom of Hunza in the Himalayan Mountains of Northern Pakistan, who were said to be "cancer-free."

Doctors Krebs knew that they ate huge quantities of apricots, but they did not believe that the fruit contained any cancer fighting substances. Until they learned that the Hunzakuts also eat the pits of the apricot seeds, which are one of the richest sources of nitrilosides!

Nitrilosides are especially prevalent in the seeds of apricots, peaches, apples, millet, bean sprouts, buckwheat, and other fruits and nuts, including bitter almonds. Dr. Krebs was able to extract certain glycosides from plants which contained nitrilosides, and eventually applied for a patent for the process of producing a metabolite form of these glycosides for clinical use. He named it "*Laetrile*." (**LAE**-vo-mandeloni**TRILE**-beta-glucuronoside).

It took several years and actual clinical testing around the world before a model was proposed rationalizing the utility of Laetrile in the prevention as well as the treatment of cancer, when it received the name "*Vitamin B17*." Now, it is important to remember that a

vitamin is a **co-enzyme**, which basically means that it must be associated with an enzyme in order for the enzyme to function optimally. We know that the pancreatic and other enzymes are reliant upon several essential co-factors and co-enzymes. Let's remember this co-enzyme information as we learn a little bit more about the Hunzakuts.

The Hunzakuts consume between 100-200 times more B17 in their diet than the average American, due mainly to eating the seeds of apricots and also lots of millet. Interestingly, there is no such thing as money in Hunza. A man's wealth is measured by the number of apricot trees he owns. And the most coveted food is the pit of the apricot seed, one of the highest sources of B17 on earth. Visiting teams of doctors found the Hunzakuts to be cancer free. One of the first medical teams to study the Hunza was headed by world renown British surgeon Dr. Robert McCarrison. Writing in the AMA Journal January 7, 1922 he reported: "*The Hunza has no known incidence of cancer. They have an abundant crop of apricots. These they dry in the sun and use largely in their food.*"

But why haven't you heard of vitamin B17? It seems so simple! Well, the fact of the matter is that the Cancer Industry has suppressed this information and has even made it illegal to sell B17. Big Medicine has mounted highly successful "scare" campaigns based on the fact that vitamin B17 contains quantities of "deadly" cyanide. This is patently false. Studies show that vitamin B17 is harmless to healthy tissue.

Here's why: each molecule of B17 contains one unit of hydrogen cyanide, one unit of benzaldehyde and two of glucose (*sugar*) tightly locked together. In order for the hydrogen cyanide to become dangerous it is first necessary to unlock the molecule to release it, a trick that can only be performed by an enzyme called beta-glucosidase, which is present all over the human body only in minute quantities, but in huge quantities at only one place: **cancer cells.**

Thus the hydrogen cyanide is unlocked only at the cancer site with drastic results, which become utterly devastating to the cancer cells since the benzaldehyde unit unlocks at the same time. The cancer cells get a double whammy of cyanide and benzaldehyde! Benzaldehyde is a deadly poison in its own right, but when it teams up with cyanide, the result is a poison 100 times more deadly than either in isolation. **The cancer cells are literally obliterated!**

But what about danger to the rest of the body's cells? Another

enzyme, rhodanese, always present in far larger quantities than the unlocking enzyme beta-glucosidase in healthy tissues, has the ability to completely break down both cyanide and benzaldehyde into a thiocyanate (a harmless substance) and salicylate (which is a pain killer similar to aspirin). Interestingly, malignant cancer cells contain no rhodanese at all, leaving them completely at the mercy of the two deadly poisons. This whole process is known as selective toxicity, since only the cancer cells are specifically targeted and destroyed. Amazing, huh?

Now remember that I earlier referred to vitamin B17 as a co-enzyme and said that this therapy is based, in part, on the trophoblast theory of cancer? The trophoblast theory focuses on the importance of pancreatic enzymes (trypsin, chymotrypsin, and amylase) to digest the protective coating around cancer cells. **Here's the connection between this theory and vitamin B17:** In the presence of certain inhibitors in our blood, trypsin is inactivated and must be acted upon by hydrogen cyanide to become active again. On this basis, vitamin B17 acts as a co-enzyme to trypsin, since it provides hydrogen cyanide, a harmless molecule, which reactivates the trypsin which is necessary to digest the protective coating of cancer cells. Fascinating, isn't it?

The hundreds of clinical studies conducted by many competent physicians around the world, including those directed by Dr. Ernesto Contreras at the Oasis of Hope Hospital in Mexico, give us complete confidence that B17 therapy poses no threat to normal cells. This is **bad** news for the Cancer Industry. Apricot seeds are cheap...real cheap...not nearly as expensive as their latest chemotherapy drug cocktail.”

For prevention or even for the cure of cancer you can simply eat foods containing B17 the only difference is that bigger amounts are needed for the cure:

Vitamin B17 as a Preventative

<http://www.worldwithoutcancer.org.uk/aspreventative.html>

Vitamin B17 is one of the main sources of food in cultures such as the Eskimos, the Hunzas, the Abkassians and many more. Did you know that within these tribes there has never been a reported case of cancer? According to Dr. Krebs, we need a minimum of 100 mg of vitamin B17 (the equivalent of about seven apricot seeds) to nearly guarantee a cancer free life. Foods that contain vitamin B-17 are as follows:

KERNELS OR SEEDS OF FRUIT: The highest concentration of vitamin B17 to

be found in nature, aside from bitter almonds. Apple, apricot, cherry, nectarine, peach, pear, plum, prune.

BEANS: broad (Vicia faba), Burma, chickpeas, lentils (sprouted), Lima, Mung beans (sprouted), Rangoon, scarlet runner.

NUTS: Bitter almond, macadamia, cashew.

BERRIES: Almost all wild berries. Blackberry, chokeberry, Christmas berry, cranberry, elderberry, raspberry, strawberry.

SEEDS: Chia, flax, sesame.

GRASSES: Acacia, alfalfa (sprouted), aquatic, Johnson, milkweed, Sudan, minus, wheat grass, white dover.

GRAINS: oat groats, barley, brown rice, buckwheat groats, chia, flax, millet, rye, vetch, wheat berries.

MISCELLANEOUS: bamboo shoots, fuschia plant, sorghum, wild hydrangea, yew tree (needles, fresh leaves).

Two rules of thumb: According to Dr. Krebs, the basic concept is that sufficient daily B17 may be obtained by following either of two suggestions:

First, eating all the B17-containing fruits whole (seeds included), but not eating more of the seeds by themselves than you would be eating if you ate them in the whole fruit. Example: if you eat three apples a day, the seeds in the three apples are sufficient B17. You would not eat a pound of apple seeds.

Second, one peach or apricot kernel per 10 lbs of body weight is believed to be more than sufficient as a normal safeguard in cancer prevention, although precise numbers may vary from person to person in accordance with individual metabolism and dietary habits. A 170-lb man, for example, might consume 17 apricot or peach kernels per day and receive a biologically reasonable amount of Vitamin B17.

And two important notes: Certainly, you can consume too much of anything. Too many kernels or seeds, for example, can be expected to produce unpleasant side effects. These natural foods should be consumed in biologically rational amounts (no more than 30 to 35 kernels per day).

High concentrations of B17 are obtained by eating the natural foods in their raw or sprouting stage. This does not mean that moderate cooking and other tampering will destroy the B17 content. Foods cooked at a temperature sufficient for a Chinese dinner, for example, will not lose their B17 content.

<http://www.worldwithoutcancer.org.uk/aspreventative.html>

Here's a bit of trivia: the bitter almond tree, a wonderful

source of nitrilosides, was banned from the United States in 1995.

On the internet there is certainly more misinformation about B17 than good info, just to scare people away from it. A cured patient is a lost patient for the cancer-death-industry and therefore I don't doubt for a single moment that they will engage many writers to put out misinformation about it in many different ways just to confuse and scare people to death.

Srila Prabhupada always said: "Judge by the results", so I am doing just that.

I am 55 years old and ate all these B17 containing Kernels like seeds of apricot, apple, bitter almond since my childhood without any bad effects on my health.

Since quite some time now, I drink a "smoothy" every morning:

- 4 small lemons (together with skin and seeds, lots of vitamin C)
- 3 small apples, (together with skin and seeds with vitamin B17)
- 2 spoonful flax seeds with vitamin B17
- 2 spoonful sesame seeds with vitamin B17
- 1 pineapple (lots of vitamin C)
- 2 cups of water blended together in a power blender to a semi liquid "smoothy".

This is practically a vitamin B17 and vitamin C bomb every morning.

Now you add to that all essential plant minerals and vitamins as in organic fruits and vegetables, probiotics from lacto fermented foods like sour-cabbage or yogurt, protein from legumes, spirulina, Amaranth and some milk products, some essential fatty acids like from flax seeds or coconuts, a little sunshine on your skin for vitamin D, avoid eating too many acidic foods, prefer alkaline foods, go on a brisk walk or do some other exercise and you have almost everything for perfect health and never have to worry about going to the doctor for anything.

To be healthy isn't that difficult after all.

Remember the invocation mantra of Isopanishad? Krsna's creation is perfect and complete in every respect, even this phenomenal world is perfect and complete, as long as we humans are not trying to "improve" on it or to temper with it. Nature's way is Krsna's way. If we walk that path we can't go wrong.

Despite all the above, agents of the cancer-industry never get tired to spread false information like in the "comments" section of this website of a cancer survivor:

<http://chrisbeatcancer.com/b17-laetrile-alternative-cancer-treatment-suppressed-50-years/>

"Here are some symptoms of cyanide poisoning: General weakness, confusion, bizarre behavior, excessive sleepiness, shortness of breath, headache and dizziness.

"A little knowledge can be very dangerous."

Are you scared yet?

I say, knowledge is very good but of no use if not applied! I go with applied knowledge and don't take any nonsense from the confusion-creators!

I can assure you that I have none of those symptoms described in the above cited comment after eating B17 containing foods all my life. On the contrary I am fit and healthy and have never needed a doctor for any type of disease for the past 20 years. In winter I don't even catch the flu and if I may get some very nasty virus or bacteria from someone, it is thrown out by my immune system within less than 24 hours.

Additional info by a doctor who cures cancer patients with B17:

<http://www.newswithviews.com/Howenstine/james53.htm>

"In treating patients with laetrile it is vital that patients receive zinc, Vitamin C, Vitamin B, Vitamin E, pancreatic enzymes and antioxidants. Zinc is the transport mechanism for both laetrile and nitrilosides. Thus absence of zinc will prevent either laetrile or nitrilosides from entering the body. Zinc is a key part of enzymatic reactions that becomes disabled by the presence of toxic metals in the body. These toxic metals *cause a slowdown or shutdown of the chemical reactions dependent on enzymes that contain zinc*. For this reason the removal of toxic metals is an important part of the therapy in patients with cancer.

Standard pharmacology textbooks for more than 100 years have always given laetrile a perfect safety approval. Reputable scientist Dr. Dean Burk, head of the Cytochemistry Department at the National Cancer Institute reported that when laetrile was added to a culture of cancer cells [4] "The cancer cells died like flies until none were left."

The web-site <http://www.worldwithoutcancer.org.uk/faq.html> dedicates sections to rebut all of the allegations against B17 allowing you to be the judge. We would like to invite you to read the section titled "Success Stories" and see for yourself.

<http://www.worldwithoutcancer.org.uk/success.html>

Here are some more testimonies:

<http://www.b17.com.au/default.asp>

<http://www.b17.com.au/testimon/testimp1.htm>

<http://cancer-cures-plus.com/index.php/testimonies-from-cancer-survivors>

<http://chrisbeatcancer.com/b17-laetrile-alternative-cancer-treatment-suppressed-50-years/>

Be aware that the comments section of any website is practically worthless because the comments are mostly from unverifiable sources, without quotes and links. It is mostly propaganda to scare away people from the real thing.

Now the information is yours and you alone decide what you will do with it.

It is obvious that many people's karma demands that they die after going through the unpleasant cut-burn-poisoning methods of the cancer industry, deprived of any knowledge that many natural cures for this dreadful disease even exist.

In a devotee's case however, cancer may just be Krsna's calling to bring him back to His abode, but if Krsna wants He can take that karma away, so His devotee can prevent or beat cancer, and serve the Lord and His devotees here on earth for many more years to come.

In any case, devotees should not support those horrible methods of so called cancer treatments that continue to cause so much suffering to human beings.

Your servant

Hema Lavanya Das